

Proclamation 2022

This report contains the new content that was reviewed and approved by the state review panels. The new content will be included in the final versions provided to schools as a condition of adoption by the State Board of Education.

ISBN: 9781683115366 (ePub)

Link to Current Content: [View Current Content](#)

Current Page Number(s): 239

Location: Develop Your Skills #22

Original Text: "Consider examples of processed foods you can replace with fresh options."

[View Current](#)

TEACHER'S EDITION Texas Health Skills for Middle School

ISBN: 9781683115366 (ePub)

Link to Current Content: [View Current Content](#)

Current Page Number(s): 246

Location: Second paragraph on page, last sentence

Original Text: "These guidelines recommend that children and teens ages 6-17"

Updated Text: "These guidelines are also promoted by the CDC and they recommend that children and teens ages 6-17"

SPANISH OT Habilidades de salud de Texas en la escuela intermedia

ISBN: 9781683115373

Link to Current Content: [View Current Content](#)

Current Page Number(s): 247

Location: Revisión de la lección 8.1, #3

Original Text: "Según las *Pautas de Actividad Física para Estadounidenses*, ¿cuánta actividad deben realizar los niños y los adolescentes cada día?"

Updated Text: "Según las Pautas de Actividad Física para Estadounidenses de los CDC y el HHS, ¿cuánta actividad deben

SPANISH OT Habilidades de salud de Texas en la escuela intermedia

ISBN: 9781683115373

Link to Current Content: [View Current Content](#)

Current Page Number(s): 271

Location: Desarrolla tus habilidades #20

Original Text: "Asegúrate de que tus metas cumplan las *Pautas de Actividad Física para Estadounidenses*. Pon las metas en un lugar visible de tu casa."

Updated Text: "Asegúrate de que tus metas cumplan las Pautas de Actividad Física para Estadounidenses de los CDC y el HHS. Pon las metas en tu casa."

STUDENT EDITION Texas Health Skills for Middle School

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ISBN: 9781683115373

Link to Current Content: [View Current Content](#)

Current Page Number(s): 419

Location: Last sentence on page

Original Text: "Ellos pueden darte consejos para mantenerte seguro."

Updated Text: "Ellos pueden darte consejos para mantenerte su seguridad personal."

STUDENT EDITION Texas Health Skills for Middle School

ISBN: 9781683115267 (print), 9781683115380 (ePub)

Link to Current Content: [View Current Content](#)

Current Page Number(s): 441

Location: Develop Your Skills #20

Original Text: "One day, this person sends the following message to you. How would you respond to protect your personal safety?"

You are amazing. Tell me more about yourself. I want to know everything about you."

Updated Text: "One day, this person sends the following inappropriate message to you. What strategies can you use to protect your personal safety? You are amazing. Where do you live? I want to know everything about you."

TEACHER'S EDITION Texas Health Skills for Middle School

ISBN: 9781683115366 (ePub)

Link to Current Content: [View Current Content](#)

Current Page Number(s): 419

Location: Last sentence on page

Original Text: "They can give you advice about how to stay safe."

Updated Text: "They can give you advice about how to maintain your personal safety."

SPANISH OT Habilidades de salud de Texas en la escuela intermedia

ISBN: 9781683115373

Link to Current Content: [View Current Content](#)

Current Page Number(s): 421

Location: Second to last sentence on page

Original Text: "Recibir consejos sobre una decisión que debes tomar u opiniones sobre una idea para resolver un problema puede ayudarte a asegurar que tu elección sea saludable."

Updated Text: "Recibir consejos sobre una decisión que debes tomar u opiniones sobre el uso de habilidades para resolver problemas relacionadas con la seguridad personal puede ayudarte a asegurar que tu elección sea saludable."

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ISBN: 9781683115373

Link to Current Content: [View Current Content](#)

Current Page Number(s): 441

Location: Desarrolla tus habilidades #20

Original Text: "Un día, esta persona te envía el siguiente mensaje. ¿Cómo le responderías para proteger tu seguridad? Eres increíble. Cuéntame más de ti. Quiero saber todo sobre ti."

Updated Text: "Un día, esta persona te envía el siguiente mensaje inapropiado. ¿Qué estrategias puede utilizar para proteger tu seguridad personal? Eres increíble. ¿Donde vives? Quiero saber todo sobre ti."

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ISBN: 9781683115267 (print) 9781683115380 (ePub)

Link to Current Content: [View Current Content](#)

Current Page Number(s): 513

Location: Think Critically #14

Original Text: New Content

Updated Text: "How are social groups and peers important to social and mental health and wellness?"

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ISBN: 9781683115366 (ePub)

Link to Current Content: [View Current Content](#)

Current Page Number(s): 421

Location: Second to last sentence on page

Original Text: "Getting advice about a decision you have to make or feedback about an idea for solving a problem can help you make sure you make a healthy choice."

Updated Text: "Getting advice about a decision you have to make or feedback regarding the use of problem-solving skills related to personal safety can help you make sure you make a healthy choice."

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ISBN: 9781683115373

Link to Current Content: [View Current Content](#)

Current Page Number(s): 513

Location: Piensa de forma crítica, #14

Original Text: "¿De qué manera son importantes los grupos sociales y los pares para la salud mental y social?"

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Link to Current Content: [View Current Content](#)

Current Page Number(s): 542

Location: Hands-On Activity

Original Text: "Search online for a reliable article about an act of violence that influenced your community. Read the article and identify the risk factors that led to violence and the type of violence. With a partner, describe how the violence affected the person who experienced violence, the person who behaved violently, and the community. Share this summary with the class and lead a discussion about what could have prevented the violence and what the benefits would be of avoiding the violence."

Updated Text: "Search online for a reliable article about an act of violence, improper use of weapons, or human trafficking in your community. Read the article and identify the risk factors that led to the incident. With a partner, describe how the incident affected the people involved, and the community. Share this summary with the class and lead a discussion about what could have prevented the incident and what the benefits would be of avoiding the this type of incident."

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Link to Current Content: [View Current Content](#)

Current Page Number(s): 441

Location: Develop Your Skills #20

Original Text: New Content

Updated Text: "One day, this person sends the following inappropriate message to you. What strategies can you use to protect your personal safety?

You are amazing. Where do you live? I want to know everything about you."

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ISBN: 9781683115373

Link to Current Content: [View Current Content](#)

Current Page Number(s): 542

Location: Actividad práctica

Original Text: "Busca en fuentes confiables en línea un artículo sobre un acto de violencia que influyó en tu comunidad. Lee el artículo e identifica los factores de riesgo que causaron la violencia y el tipo de violencia. Con un compañero, describe cómo la violencia afectó a la persona que la padeció, a la persona que actuó de forma violenta y a la comunidad. Comparte este resumen con el resto de la clase y comienza una conversación sobre cómo podría haberse prevenido la violencia y qué podría ser los beneficios de evitar la violencia."

Updated Text: "Busca en fuentes confiables en línea un artículo sobre un acto de violencia, uso indebido de armas o trata de personas en tu comunidad. Lee el artículo e identifica los factores de riesgo que causaron el incidente. Con un compañero, describe cómo el incidente afectó a las personas que las padeció y a la comunidad. Comparte este resumen con el resto de la clase y comienza una conversación sobre cómo podría haberse prevenido el incidente y qué podría ser los beneficios de evitar este tipo de incidente."

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Link to Current Content: [View Current Content](#)

Current Page Number(s): 545

Location: Develop Your Skills #23

Original Text: "Your role play should resolve the conflict healthfully and should include the use of assertive communication skills. It should confront and address the violence in a way that ensures everyone's safety physically, socially, and mentally and clearly discourages the behavior. As you develop the role play, pay attention to each team member's verbal and nonverbal communication. If someone is uncomfortable, show empathy and rework the role play. Enlist the help of your teacher as a mediator, if needed, and perform the role play for the class."

Updated Text: "Your role play should resolve the conflict healthfully and should include the

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Link to Current Content: [View Current Content](#)

Current Page Number(s): 542

Location: Hands-On Activity

Original Text: "Search online for a reliable article about an act of violence that influenced your community. Read the article and identify the risk factors that led to violence and the type of violence. With a partner, describe how the violence affected the person who experienced violence, the person who behaved violently, and the community. Share this summary with the class and lead a discussion about what could have prevented the violence and what the benefits would be of avoiding the violence."

Updated Text: c:\e21\022\1\7\p34\041021(S)4\24\252(ePub)6.(o)2(6)-223.at\ack(w\i)0.5(m)4\59(p)104

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Link to Current Content: [View Current Content](#)

Current Page Number(s): 212

Location: Limit Added Sugars, Saturated Fats, and Sodium section

Original Text: "To compare, most people in the United States consume more than 3,400 milligrams each day."

Updated Text: "To compare, most people in the United States consume more than 3,400 milligrams each day. Highly processed or commercially prepared foods are common sources of added sugars, saturated fats, and sodium and can increase the risk for diabetes, heart disease, and cancer. Preparing fresh or minimally processed food can reduce the amount of added sugars, saturated fats, and sodium a person consumes."

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ISBN: 9781683115366 (ePub)

Link to Current Content: [View Current Content](#)

Current Page Number(s): 214

Location: Eating Healthy Meals Away from Home section

Original Text: "You can also make healthy food choices when eating away from home. Start by getting information about the nutrients in restaurant food. Many popular chain restaurants publish information about the nutrients and calories in their foods and beverages. People going out to eat can look up this information online and compare and contrast to make healthy food choices.

Some companies that provide food for school lunches also provide nutrition information. You can use this information to make healthy choices. Remember to choose nutrient-dense food options in school."

Updated Text: "You can also make healthy food and beverage choices when eating away from home. Start by getting information about the nutrients in restaurant foods and beverages. Many popular chain restaurants publish information about the nutrients and calories in their foods and beverages. People going out to eat can look up this information online and compare and contrast to make healthy choices. Some companies that provide food and beverages for school lunches also provide nutrition information. You can use this information to make healthy choices. Remember to choose nutrient-dense food and beverage options in school."

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Link to Current Content: [View Current Content](#)

Current Page Number(s): 214

Location: Eating Healthy Meals Away from Home section

Original Text: New Content

Updated Text:

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Link to Current Content: [View Current Content](#)

Current Page Number(s): 212

Location:

SPANISH OT Habilidades de salud de Texas en la escuela intermedia

ISBN: 9781683115373

Link to Current Content: [View Current Content](#)

Current Page Number(s): 214

Location: "Consumo de comidas saludables afuera del hogar" section

Original Text: New Content

Updated Text: "También puedes hacer elecciones de alimentos y bebidas saludables cuando no comes en tu hogar. Empieza por conseguir información sobre los nutrientes y las calorías de los alimentos y las bebidas de los restaurantes. Muchas cadenas de restaurantes populares publican información sobre los nutrientes de sus alimentos y bebidas. Las personas que salen a comer pueden buscar esta información en línea y comparen y contrasten para hacer elecciones saludables.

Algunas empresas que brindan alimentos y bebidas para los almuerzos escolares también ofrecen su información nutricional. Puedes usar esta información para hacer elecciones saludables. Recuerda elegir alimentos y bebidas ricos en nutrientes en la escuela."

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Link to Current Content: [View Current Content](#)

Current Page Number(s): 246

Location: Second paragraph on page, last sentence

Original Text: New Content

Updated Text: "These guidelines are also promoted by the CDC and they recommend that children and teens ages 6-17"

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ISBN: 9781683115366 (ePub)

Link to Current Content: [View Current Content](#)

Current Page Number(s): 214

Location: Eating Healthy Meals Away from Home section

Original Text: New Content

Updated Text: "You can also make healthy food and beverage choices when eating away from home. Start by getting information about the nutrients in restaurant foods and beverages. Many popular chain restaurants publish information about the nutrients and calories in their foods and beverages. People going out to eat can look up this information online and compare and contrast to make healthy choices.

Some companies that provide food and beverages for school lunches also provide nutrition information. You can use this information to make healthy choices. Remember to choose nutrient-dense food and beverage options in school."

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ISBN: 9781683115373

Link to Current Content: [View Current Content](#)

Current Page Number(s): 239

Location: Desarrolla tus habilidades #22

Original Text: New Content

Updated Text: "Investigue cómo reemplazar los alimentos procesados con opciones frescas puede ayudar a mejorar la nutrición de su familia."

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ISBN: 9781683115373

Link to Current Content: [View Current Content](#)

Current Page Number(s): 246

Location: Second paragraph on page, last sentence

Original Text: New Content

Updated Text: "Estas pautas también son promovidas por los CDC y recomiendan que los niños y los adolescentes que tengan entre 6 y 17 años"

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ISBN: 9781683115373

Link to Current Content: [View Current Content](#)

Current Page Number(s): 247

Location: Revisión de la lección 8.1, #3

Original Text: New Content

Updated Text: "Según las Pautas de Actividad Física para Estadounidenses de los CDC y el HHS, ¿cuánta actividad deben realizar los niños y los adolescentes cada día?"

STUDENT EDITION Texas Health Skills for Middle School

ISBN: N Tf0M(c)-4.1a1.8 .5 (l1.3 eTf0.00s9 (8 (en)-3 (t)4.7 e3.5 (H)22.7 (c)-1 (en)21 (n)-)4.7 gn)-3 (en)3aon mgeeeet(s)3.8Tf0.000 T

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ISBN: 9781683115267 (print), 9781683115380 (ePub)

Link to Current Content: [View Current Content](#)

Current Page Number(s): 353

Location: Figure 11.7

Original Text: [image of highlighters of various colors]

Updated Text: [image removed]

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ISBN: 9781683115366 (ePub)

Link to Current Content: [View Current Content](#)

Current Page Number(s): 247

Location: Lesson 8.1 Review #3

Original Text: New Content

Updated Text: "According to the CDC and HHS Physical Activity Guidelines for Americans, how much activity should

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Link to Current Content: [View Current Content](#)

Current Page Number(s): 271

Location: Develop Your Skills #20

Original Text: New Content

Updated Text: "Make sure your goals meet the CDC and HHS Physical Activity Guidelines for Americans. Display your goals in your house."

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ISBN: 9781683115373

Link to Current Content: [View Current Content](#)

Current Page Number(s): 353

Location: Last paragraph

Original Text: New Content

Updated Text: "El uso de inhalantes, aunque sea una sola vez, puede causar la muerte por insuficiencia cardíaca o asfixia. Usar o usar indebido de estas sustancias para drogarse, incluso si se encuentran comúnmente en su hogar, puede resultar en consecuencias legales como multas, servicio comunitario y tiempo en la cárcel."

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ISBN: 9781683115267 (print) 9781683115380 (ePub)

Link to Current Content: [View Current Content](#)

Current Page Number(s): 353

Location: Hands-On Activity

Original Text: New Content

Updated Text: "In small groups, choose one of the drugs or other substances, such as spray paint or toxic markers, described in Lesson 11.2. Research how this drug or substance can negatively affect social, mental and emotional, and physical health, along with the monetary costs of the drug or addiction over time and the legal consequences of use or possession of drugs or other substances. Identify how that drug or substance can affect unsafe situations and risky behaviors."

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ISBN: 9781683115366 (ePub)

Link to Current Content: [View Current Content](#)

Current Page Number(s): 353

Location: Figure 11.7

Original Text: [image of highlighters of various colors]

Updated Text: [image removed]

Proclamation 2022 Report of New Content (11/23/2021)

TEACHER'S EDITION Texas Health Skills for Middle School

ISBN: 9781683115366 (ePub)

Link to Current Content: [View Current Content](#)

Current Page Number(s): 353

Location: Last paragraph

Original Text: New Content

Updated Text: "Using inhalants—even once—can cause death due to heart failure or suffocation. Using or misusing these substances to get high, even if they are commonly found in your home, can result in legal consequences like fines, community service, and jail time."

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ISBN: 9781683115373

Link to Current Content: [View Current Content](#)

Current Page Number(s): 353

Location: Actividad práctica

Original Text: New Content

Updated Text: "En grupos pequeños, elige una de las drogas u otras sustancias, como pintura en aerosol o marcadores tóxicos, descritas en la Lección 11.2. Investiga cómo esta droga o sustancia puede afectar negativamente la salud social, mental, emocional y física, junto con los costos económicos de la droga o la adicción a lo largo del tiempo y las consecuencias legales. Averigua las consecuencias legales del consumo o la posesión de drogas u otras sustancias. Identifica cómo esa droga o sustancia puede afectar las situaciones peligrosas y los comportamientos riesgosos. "

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Link to Current Content: [View Current Content](#)

Current Page Number(s): 353

Location: Hands-On Activity

Original Text: New Content

Updated Text: "In small groups, choose one of the drugs or other substances, such as spray paint or toxic markers, described in Lesson 11.2. Research how this drug or substance can negatively affect social, mental and emotional, and physical health, along with the monetary costs of the drug or addiction over time and the legal consequences of use or possession of drugs or other substances. Identify how that drug or substance can affect unsafe situations and risky behaviors."

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ISBN: 9781683115373

Link to Current Content: [View Current Content](#)

Current Page Number(s): 408

Location: Last sentence of first paragraph and second paragraph under "Armas y seguridad"

Original Text: New Content

Updated Text: "El uso inadecuado de armas puede causar lesiones graves o incluso la muerte. Para prevenir lesiones por el uso inadecuado de armas, los adultos deben guardar las pistolas y las armas de fuego en un lugar seguro que esté fuera del alcance de los niños. Antes de guardar las armas de fuego, los adultos deben retirar la munición (balas) y guardarla en un lugar separado y cerrado que esté lejos de las armas. Es importante cumplir con las reglas que prohíban la posesión y el uso inadecuado de armas, incluso en las casas, las escuelas y los lugares públicos. Las

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TEACHER'S EDITION Texas Health Skills for Middle School

ISBN: 9781683115366 (ePub)

Link to Current Content: [View Current Content](#)

Current Page Number(s): 408

Location: Last sentence of first paragraph under Weapons Safety and second paragraph

Original Text: New Content

Updated Text: "Improper use of weapons can seriously injure or kill someone.

To help prevent injuries from improper use of weapons, adults should keep guns and other weapons locked in a safe place that is out of reach of children. When storing a gun, adults should remove the ammunition (bullets) and keep it in another locked place away from the gun. It is important to comply with any rules prohibiting the possession and improper use of weapons, including in homes, schools, and public places. Legal consequences for improper use of a weapon can include fines and jail time."

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ISBN: 9781683115373

Link to Current Content: [View Current Content](#)

Current Page Number(s): 419

Location: Last sentence on page

Original Text: New Content

Updated Text: "Ellos pueden darte consejos para mantenerte su seguridad personal."

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ISBN: 9781683115267 (print) 9781683115380 (ePub)

Link to Current Content: [View Current Content](#)

Current Page Number(s): 421

Location: Second to last sentence on page

Original Text: New Content

Updated Text: "Getting advice about a decision you have to make or feedback regarding the use of problem-solving skills related to personal safety can help you make sure you make a healthy choice."

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Link to Current Content: [View Current Content](#)

Current Page Number(s): 419

Location: Last sentence on page

Original Text: New Content

Updated Text: "They can give you advice about how to maintain your personal safety."

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ISBN: 9781683115373

Link to Current Content: [View Current Content](#)

Current Page Number(s): 421

Location: Second to last sentence on page

Original Text: New Content

Updated Text: "Recibir consejos sobre una decisión que debes tomar u opiniones sobre el uso de habilidades 0 TdTd[810.002 T

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Link to Current Content: [View Current Content](#)

Current Page Number(s): 513

Location: Think Critically #14

Original Text: New Content

Updated Text: "How are social groups and peers important to social and mental health and wellness?"

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Link to Current Content: [View Current Content](#)

Current Page Number(s): 441

Location: Develop Your Skills #20

Original Text: New Content

Updated Text: "One day, this person sends the following inappropriate message to you. What strategies can you use to protect your personal safety?

You are amazing. Where do you live? I want to know everything about you."

SPANISH OT Habilidades de salud de Texas en la escuela intermedia

ISBN: 9781683115373

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Current Page Number(s): 513

Location: Piensa de forma crítica, #14

Original Text: New Content

Updated Text: "¿De qué manera son importantes los grupos sociales y los pares para la salud y bienestar mental y social?"

STUDENT EDITION Texas Health Skills for Middle School

ISBN: 9781683115267 (print) 9781683115380 (ePub)

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Current Page Number(s): 542

Location: Hands-On Activity

Original Text: New Content

Updated Text:

STUDENT EDITION Texas Health Skills for Middle School

ISBN: 9781683115267 (print) 9781683115380 (ePub)

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Current Page Number(s): 183

Location: First paragraph under Protective Factors

STUDENT EDITION Texas Health Skills for Middle School

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SPANISH OT Habilidades de salud de Texas en la escuela secundaria

ISBN: 9781683115427

Link to Current Content: [View Current Content](#)

Current Page Number(s): 459

Location: Tratar consumo, adicción y uso indebido de sustancias, first paragraph

Original Text: Algunos recursos comunitarios, como los refugios relacionados con problemas de consumo, ofrecen un espacio seguro y asesoramiento.

Updated Text: Algunos recursos comunitarios, como los refugios relacionados con problemas de consumo, ofrecen un espacio seguro y asesoramiento. La información sobre espacios seguros, obtener ayuda y denunciar comportamientos relacionados con las drogas puede ayudar a las personas con un trastorno por uso de sustancias. Diseñar una campaña de información de salud pública sobre estos temas puede generar conciencia para mejorar los comportamientos de salud.

Texas Health Skills for High School Student Edition

ISBN: 9781683115311

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Current Page Number(s): 465

Location: Hands-On Skills Activity

Texas Health Skills for High School Instructor's Edition

ISBN: 9781683115403

Link to Current Content: [View Current Content](#)

Current Page Number(s): 765

Location: Real World Health Skills

Original Text: Using this textbook and outside valid and reliable resources, list the rights and responsibilities of a noncustodial parent, according to the laws in your state. Then, design an educational brochure outlining these rights and responsibilities. Include websites and resources a noncustodial parent could view for additional information.

Updated Text: Using this textbook and outside valid and reliable resources, analyze the rights and responsibilities of all parties involved in teen parenthood, according to the laws in your state. Then, design an educational brochure outlining these rights and responsibilities. Include websites and resources a parent could view for additional information.